SCHOOL DISTRICT OF GREEN LAKE POLICY

458 – School Wellness	
Students	

458 - School Wellness

The School District of Green Lake is committed to providing a comprehensive learning environment for all students that will aid in developing lifelong wellness behaviors. The entire school environment, not just the classroom, will work to promote healthy goals that positively influence a student's understanding and habit formation, as they relate to good nutrition and attaining regular physical activity.

The District encourages parents, teachers, administrators, food service professionals, parents and community members to serve as positive role models through a deliberate practice of choosing healthier foods and increased physical activity, both in school and at home.

The Superintendent (or designee) is charged with overseeing the implementation of the Wellness Policy as well as ensuring that the District is compliant.

Physical Education and Activity

Students shall be provided with opportunities, support, and encouragement to be physically active on a regular basis during the school day through physical education (PE) classes, daily recess periods for elementary school students, and the integration of physical activity into the academic curriculum.

Through a partnership between the City and School District, the "Safe Routes to School Program" will offer continuous examination and improvement of biking and walking routes to school, and is monitored annually.

In conjunction with local health care professionals and with appropriate parental consent, students will be given opportunities to complete a basic student health-risk to measure baselines and progress.

Health and Nutrition Education

The School District of Green Lake will set guidelines that reflect and meet at least minimum nutritional standards set forth in federal child nutrition program laws and regulations, including but not limited to the USDA *Dietary Guidelines for Americans*. Students will receive age appropriate health and nutrition education integrated into the classroom..

Campus Food

The School District of Green Lake will set guidelines for:

- * Food service programs on school campus
- * Refreshments served at parties and celebrations during the school day.
- * Foods and beverages sold in vending machines, snack bars, school stores and concession stands on school campus.

Adopted: February 8, 2006

- * Quantity and quality of snacks provided to students throughout the school day.
- * Foods and beverages sold as part of school-sponsored fundraising activities,
- * Food served as rewards or incentives to students.

The District makes decisions on these guidelines based on nutrition goals, not on profit-making.

1st Reading: 05/25/2011 2nd Reading: 06/22/2011

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Legal References: Wisconsin State Statutes, Sections 118.01; 118.12; 118.33(I), 120.13 and 121.02(I); PI 8 of the Wisconsin Administrative Code; Child Nutrition and WIC Reauthorization Act of 2004; 7-CFR-210 National School Lunch Program.

Cross References: 110, Board Governance Commitment; 330, Curriculum Planning; 364, Guidance and Counseling Programs; 537, Professional Staff Development Opportunities; 760 Food Services Management

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